

# Conception

Name \_\_\_\_\_

Hour \_\_\_\_\_

Beverly and Bill are trying to start their family. However, after several months of trying to get pregnant they have not had any luck. They need your help in figuring out when Beverly is ovulating and when they should have intercourse. When Beverly explained her situation to you she provided the following information:

- She has a perfect 28 day cycle (she starts her period every 28 days)
- Her periods last 6 days each month
- She started her last period on January 3 and as usual, it lasted 6 days.

Although you are not highly trained in fertility concerns you do know that the average woman ovulates 14 days into her cycle (14 days after she starts her period). You also know that sperm can live in the body for up to 8 days.

Using the calendar on the back help Beverly and Bill identify the days for which intercourse is most likely to lead to pregnancy over the next year. Beverly is a visual learner and needs you to color code the information for her and provide a key. Be sure to identify the following:

- ❖ The days of her period
- ❖ The day of ovulation
- ❖ Days that conception could lead to pregnancy